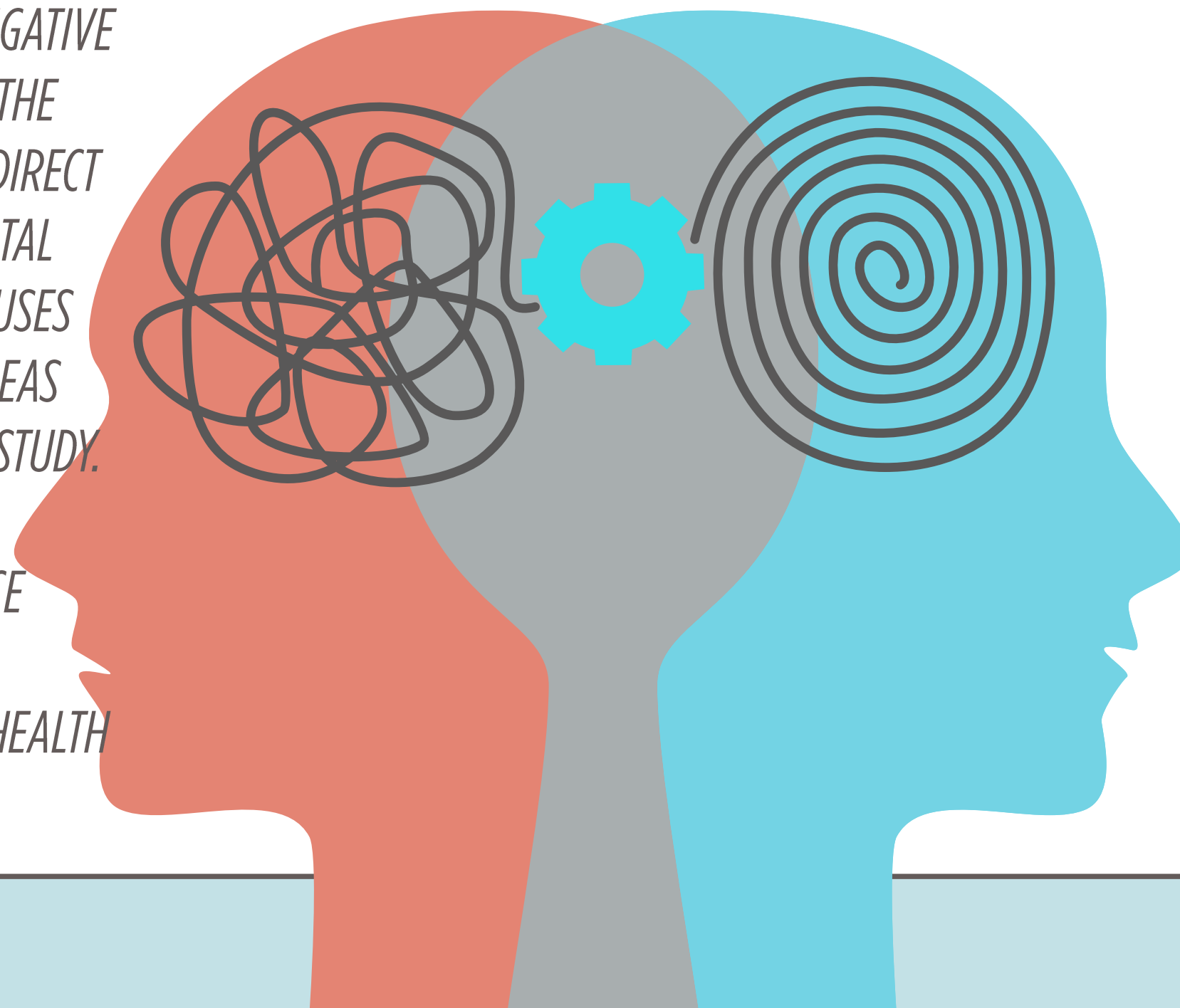


STATEMENT



•NO COMPREHENSIVE INVESTIGATIVE STUDIES HAVE BEEN DONE IN THE CARIBBEAN REGARDING THE DIRECT IMPACT OF DRUG USE ON MENTAL HEALTH, THIS PRESENTATION USES GLOBAL DATA TO POINT TO AREAS FOR FURTHER INVESTIGATIVE STUDY. WE WILL HIGHLIGHT SEVERAL CULTURAL TENSIONS THAT FACE CARIBBEAN STATES THAT CONTRIBUTE TO THE MENTAL HEALTH DILEMMA



Presented By :
Paulette Spencer-Smith

Agency / Organization :
National Council on Drug

OVERVIEW

- Overview of Drug Use & Mental Health in the Caribbean
- Biopsychosocial Impacts of Substance Use on Mental Health
- Case Study: Drug Use and Mental Health in Jamaica
- Barriers to Mental Health Care and Support
- Strategies for Prevention and Rehabilitation

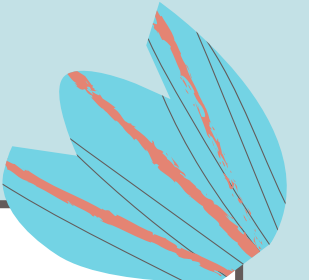
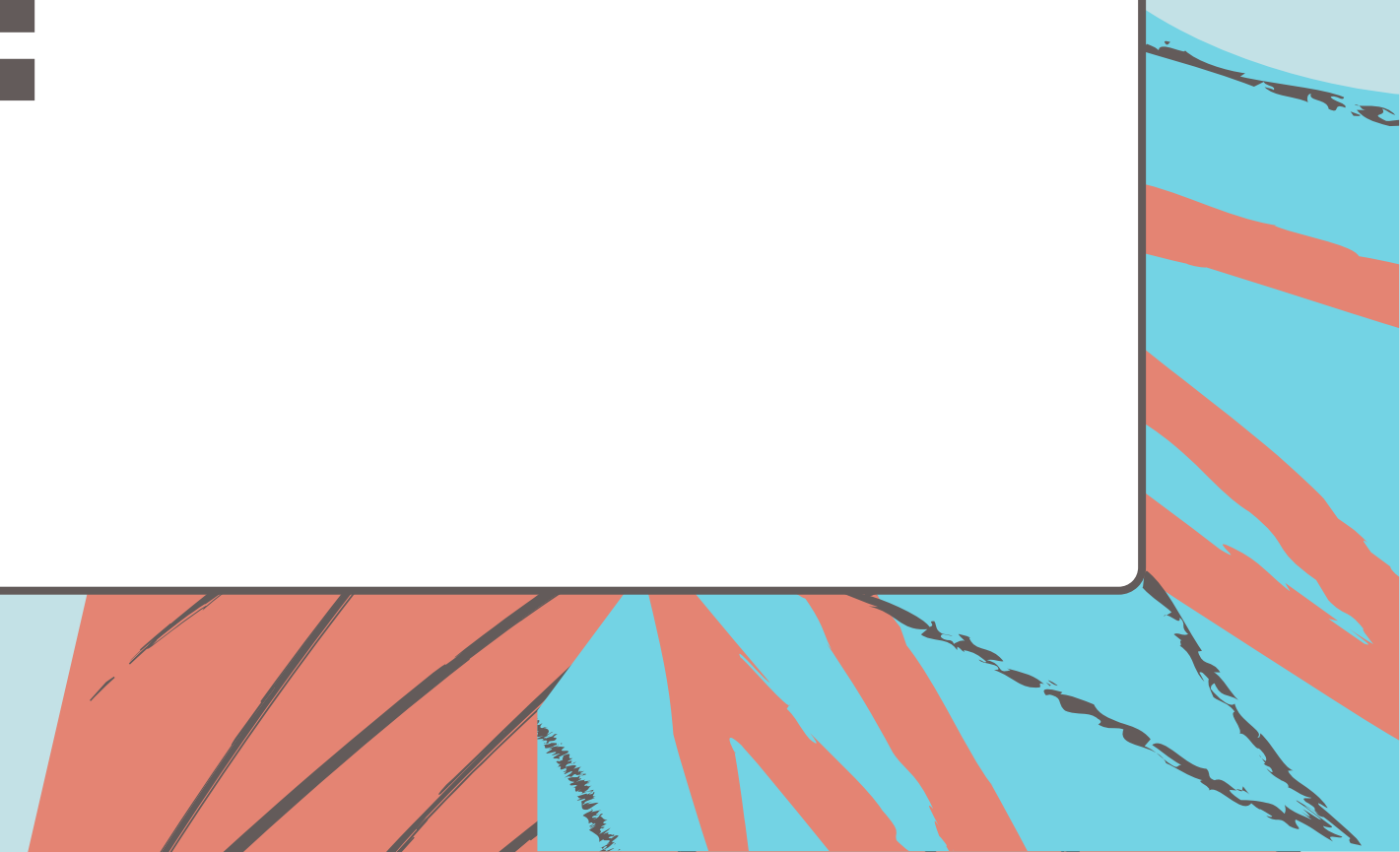
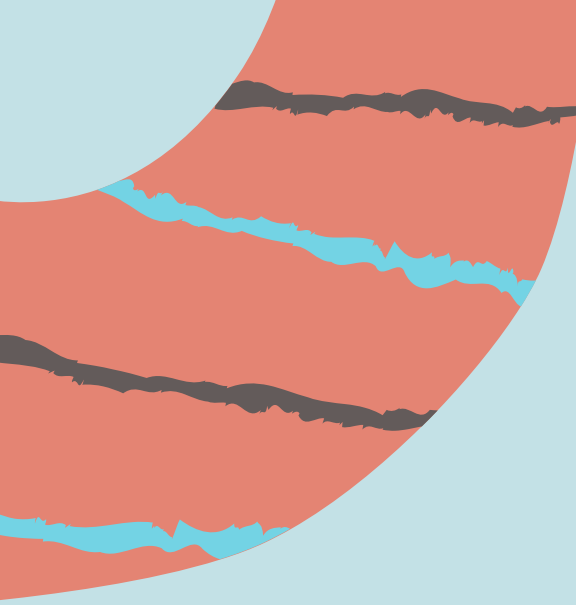


Key Terms

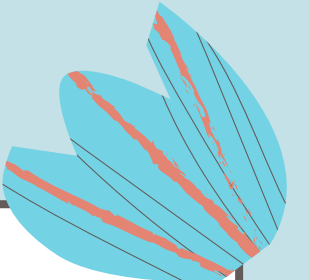
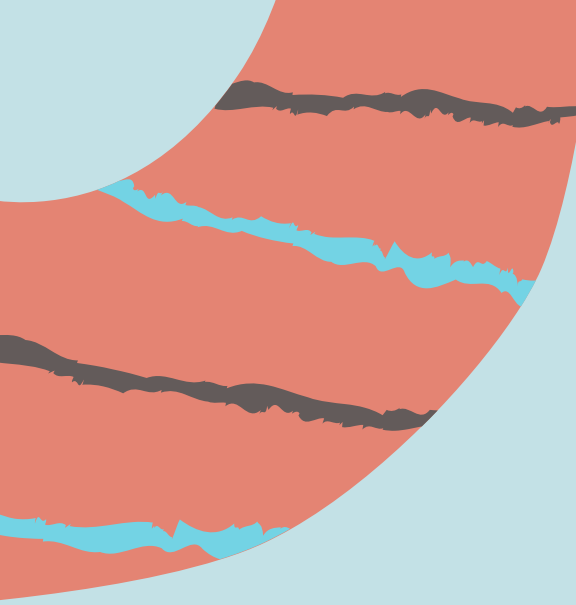
- **Substance abuse** is defined as harmful use of a substance in a way that negatively impacts health, relationships or daily functioning
- **Health** is the state of complete physical, mental and social wellbeing and not merely the absence of disease

Wellness is a state of well-being in which the individual realizes his or her own abilities, can cope with the normal stresses of life, can work productively and fruitfully and is able to contribute to his or her community. It is a crucial element of health and well-being that supports both our individual and group capacity to decide, form connections, and influence the world we live in.

-World Health Organization, 2018



OVERVIEW OF DRUG USE AND MENTAL HEALTH IN THE CARIBBEAN



BIOPSYCHOSOCIAL IMPACTS EXPLORED

