Smokefree implementation in Colombia: Monitoring, outside funding, and business support

Randy Uang, PhD, (1) Eric Crosbie, PhD, (1,2) Stanton A Glantz, PhD. (1,3)

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Abstract

Objective. To analyze successful national smokefree policy implementation in Colombia, a middle income country. Materials and methods. Key informants at the national and local levels were interviewed and news sources and government ministry resolutions were reviewed. Results. Colombia's Ministry of Health coordinated local implementation practices, which were strongest in larger cities with supportive leadership. Nongovernmental organizations provided technical assistance and highlighted noncompliance. Organizations outside Colombia funded some of these efforts. The bar owners' association provided concerted education campaigns. Tobacco interests did not openly challenge implementation. **Conclusions**. Health organization monitoring, external funding, and hospitality industry support contributed to effective implementation, and could be cultivated in other low and middle income countries.

Keywords: tobacco; tobacco industry; public policy; Latin America; Colombia Uang R, Crosbie E, Glantz SA. Implementación de los espacios libres de humo en Colombia: vigilancia, financiación externa y apoyo empresarial. Salud Publica Mex 2017;59:128-136.

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Resumen

Objetivo. Analizar la implementación exitosa de políticas nacionales de ambientes libres de humo en Colombia, un país de ingresos medios. **Material y métodos**. Entrevistas con informantes claves a nivel nacional y local, y revisión de artículos en las noticias y resoluciones ministeriales nacionales. Resultados. El Ministerio de Salud de Colombia coordinó las prácticas locales para la implementación, que fueron más fuertes en las ciudades grandes y en las ciudades con líderes políticos que la apoyaron. Organizaciones no gubernamentales proporcionaron asistencia técnica y destacaron el incumplimiento. Organizaciones fuera de Colombia financiaron algunos de estos esfuerzos. La asociación de propietarios de bares proporcionó campañas de educación concertadas. Intereses tabacaleros no desafiaron abiertamente la implementación. **Conclusiones**. La vigilancia de las organizaciones no gubernamentales, la financiación externa y el apoyo de la industria de la hospitalidad contribuyeron a una implementación eficaz. Tales factores pueden ser cultivados en países de ingresos bajos y medios.

Palabras clave: tabaco; industria del tabaco; política social; América Latina; Colombia

- (I) Center for Tobacco Control Research and Education, University of California. San Francisco.
- (2) Department of Politics University of California. Santa Cruz, CA
- (3) Department of Medicine (Cardiology), Cardiovascular Research Institute, Philip R. Lee Institute for Health Policy Studies Helen Diller Family Comprehensive Cancer Center, University of California. San Francisco, CA.

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Corresponding author: Stanton A Glantz. Center for Tobacco Control Research and Education.

San Francisco 530 Parnassus Avenue, Suite 366. San Francisco, CA.

E-mail: stanton.glantz@ucsf.edu

Smoke free laws protect nonsmokers from secondhand smoke and reduce tobacco-induced diseases. The 2005 World Health Organization Framework Convention on Tobacco Control's (FCTC) Article 8 commits parties to implementing smokefree laws.

The experience of high income countries⁴⁻¹⁰ shows that successful implementation requires active education and enforcement,^{9,11} appropriate enforcement agencies,⁵ and support from nongovernmental organizations (NGOs).⁴ Tobacco companies encourage noncompliance directly and through third parties,^{4,11} lobbying,^{6,9,10,12} litigating,⁷ and thwarting the implementation of rules.^{8,13}

Smoke-free implementation for low and middle-income countries (LMICs) is challenging because tobacco companies often have more resources than the health authorities, ¹⁴ and tobacco industry activities are less controlled, ¹² making implementation weak or uneven. ¹⁵⁻¹⁷

Colombia, with an adult smoking prevalence of 12.8% in 2007,¹⁸ low for Latin America, adopted national smokefree policies before many LMICs.¹⁹ In May 2008, the Health Ministry issued *Resolución 1956 de 2008* (Ministerial Resolution No. 1956), mandating smokefree indoor public areas. In July 2009, Ley 1335 de 2009, a comprehensive tobacco control law, expanded smokefree coverage to all hospitality venues,²⁰ making Colombia the country with lowest gross domestic product per capita with such a national smokefree law.²¹

Successful implementation of Colombia's 2008 resolution and 2009 law involved national and local health department efforts, with technical and financial help from domestic and international health NGOs.

Material and methods

From July 2014 to July 2015, we reviewed Colombian government ministries' resolutions, administrative orders, government agency webpages, and public documents related to Colombia's 2008 smokefree resolution and 2009 tobacco control law, articles of daily newspapers with national reach dated between January 2008 and July 2015, and related legislation, court rulings, and local government resolutions, using standard snowball methods.

We conducted interviews with 14 in-country tobacco control advocates, national and local health authorities, and policymakers between October 2014 and December 2014 following protocol IRB #10-01262 approved by the University of California, San Francisco Committee on Human Research (table I).²² Informed consent was obtained in accordance with ethical principles of medical research involving human subjects of the Helsinki Declaration.

Results

Early attempts at smokefree legislation

Colombia's 2008 smokefree resolution and 2009 law were adopted after decades of failed attempts^{23,24} that were blocked by tobacco industry interests, tobacco-growing area legislators,* and the Ministry of Agriculture,* despite tobacco being less than 0.1% of Colombia's exports.²⁵ In 2006, Sen. Dilian Francisca Toro, a physician allied with President Álvaro Uribe (2002-2010),²⁶ became Senate President and pushed for Colombia to join the FCTC,²⁷ which it did in April 2008. Health advocates then argued for legislation to comply with the FCTC.*

Colombia's 2008 smokefree resolution and 2009 law

Resolución 1956 de 2008, issued in May 2008 by the Health Ministry²⁸ (then called the Ministry of Social Protection), mandated smokefree indoor public areas nationwide.

Lev 1335 de 2009 ("Law 1335 of 2009"), sponsored by Sen. Toro, passed in July 2009 to implement FCTC Articles 8 and 10-16 including smokefree areas, prohibiting tobacco advertising, promotion and sponsorship, and prohibiting individual cigarette sales.* The law went beyond Resolución 1956 de 2008 (table II),²⁹ by requiring smokefree grounds of educational institutions, cultural institutions such as museums, and health facilities. The Instituto Nacional de Cancerología (National Cancer Institute, part of the Health Ministry), Liga Colombiana Contra el Cáncer (Colombian League Against Cancer), the Colombia-based Latin America branch of Corporate Accountability International, and Sociedad Colombiana de Cardiología (Colombian Society of Cardiology) supported its passage; 23,30,31 representatives friendly to the tobacco industry opposed it.²³ Philip Morris, British American Tobacco, and local tobacco company Protabaco tried unsuccessfully to permit designated smoking areas.²³

Implementation of the smokefree provisions did not face the concerted tobacco industry opposition common elsewhere, ^{4, 6, 9-13, 16, 32} likely because the companies seem to have focused on countering the prohibitions on tobacco advertising, promotion and sponsorship.

^{*} Toro Torres DF. Interview of Dilian Francisca Toro Torres, former Colombian senator and former President of the Senate of Colombia, by Randy Uang. Cali, Colombia. 2014.

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Table I
Key Actors Influencing Implementation and Interviewed Actors. Colombia, 2008-2016

Actor	Description	Implementation activities
National government bodies		
Ministerio de Salud y Protección Social (hereafter, "Health Ministry")*	National health ministry, with current name since 2011 emphasizing health issues [‡]	Pursued high-level efforts since health matters are decentralized in Colombia; fiffused and encouraged local implementation practices
Instituto Nacional de Cancerología (National Cancer Institute)*	Unit of the Health Ministry	Technical assistance, monitoring
Procuraduría General de la Nación (National Inspector General)‡	Ensures government bodies' compliance with Colombian law.	Focused largely on conflict-related human rights [‡]
Local government bodies		
Local health departments*	For local governments including Colombia's 32 departamentos (departments) and major cities; have wide autonomy	Education and enforcement
Local police	·	Enforcement
Health and other nongovernmental organizations Liga Colombiana Contra el Cáncer (Colombian League Against Cancer)*	Health nongovernmental organization	Education and highlighting noncompliance
Corporate Accountability International*	Watchdog organization; Latin America branch headquartered in Colombia	Monitoring and highlighting noncompliance
Fundación para la Educación y el Desarollo Social FES*	Social equity organization	Training local health department staff
Asociación de Bares de Colombia (Asobares; Bar Owners' Association of Colombia)*	Bar owners' national trade organization	Education
Tobacco companies and third-party allies		
Compañía Colombiana de Tabaco (Colombian To- bacco Company, Coltabaco)	Purchased by Philip Morris in 2005; Coltabaco and Protabaco controlled over 90% of the market ²²	Opposed adoption $^{\#,\&}$ but did not openly oppose implementation
Productora Colombiana de Tabaco (Colombian Tobacco Producer, Protabaco)	Purchased by British American Tobacco in 2011	Opposed adoption ^{&} but did not openly oppose implementation
Federación Nacional de Comerciantes (Fenalco)	National Merchants' Federation	Argued for smokefree laws to exclude uncovered terraces

^{*} Agency reached as part of key informant interviews

Processes and results in implementation

The Health Ministry, local health authorities, local police, NGOs, the national barowners' association (Asobares), and individual establishments, including universities, contributed to implementation. Implementation, with generally good compliance and enforcement, varied regionally. As in high income countries, ³³⁻³⁵ implementation included guidance from the Health Ministry to local health departments, education by health departments and advocates, and enforcement by local health

authorities and police, especially in major cities. In 2015, a survey in large cities found that 92% of nonsmokers and 91% of smokers supported the 2009 law.³⁶

National-local dynamics

Colombia's low state capacity³⁷ meant limited national agency efforts. Health policy implementation was decentralized across local health agencies for Colombia's major cities, 32 *departamentos* (departments), and capital district. The Health Ministry provided guidance, but lo-

[‡] Calderón L. Interview of Lorena Calderón, tobacco program manager at the Ministerio de Salud y Protección Social, by Randy Uang, Bogotá, Colombia. 2014

Hernández B. Interview of Blanca Hernández, former tobacco program manager at Ministerio de la Protección Social no longer working on tobacco, by Randy Uang, Bogotá, Colombia. 2014

[#] Ronderos M. Interview of Margarita Ronderos, professor at Pontificia Universidad Javeriana, by Randy Uang, Bogotá, Colombia. 2014

[&]amp; Rivera Rodríguez DE. Interview of Diana Esperanza Rivera Rodríguez, former public policy director, Instituto Nacional de Cancerología, by Randy Uang, Bogotá, Colombia. 2014

Table II			
SMOKEFREE POLICIES IN COLOMBIA	2008-2009		

Provisions	Resolución 1956 de 2008 ²⁸	Ley 1335 de 2009 ²⁰
Indoor smokefree	Indoor workplaces Indoor publicly accessible places	Enclosed areas of workplaces and public places (including bars, restaurants, pubs, casinos, nightclubs)
Entirety smokefree, including outdoors	Health establishments Preschool, primary, middle schools Places for people under 18 Public and school transport	Health establishments Education/museums/libraries Sports/cultural spaces Places for youth Places for industrial activity transportation for the public (including taxis)
Effective date	December 4, 2008	July 21, 2009
Signage	Required one of three positive messages, without cigarette brand names or figures alluding to cigarettes	Required, without specific message text
Fines	In accordance with existing laws	Starting at 1 monthly minimum wage (in 2009 was 496 900 Colombian pesos ²⁹ or about 250 dollars) or suspension of health license
Implementing actors specified in law	Ministry of Health Local health authorities Governors and mayors	Ministry of Health, local health authorities in coordination with police and other authorities
Additional imple- menting actors	Nongovernmental health organizations Bar owners' association	Nongovernmental health organizations, bar owners' association, universities

cal agencies had autonomy* in educational efforts, and worked with local police on enforcement.

National government activities

To implement the 2008 resolution, in December 2008 the Health Ministry distributed a "circular", ³⁸ i.e. a memo to local health departments, detailing that it expected local public education and enforcement activities, without requiring specific activities.

For the 2009 law, the Health Ministry shared surveillance, education, and enforcement practices among local health departments.* Bogotá included smokefree surveillance in routine health inspections,* resulting in 162,000 inspections in 2009 and 197,000 by 2011,³⁹ with compliance in a low-income Bogotá neighborhood estimated at 91%.⁴⁰ The *Instituto Nacional de Cancerología* provided technical assistance to the Health Ministry, including monitoring.‡ Limited Health Ministry resources for tobacco control,§ however, meant the absence of a strong national smokefree education campaign.⁴¹

The *Procuraduría General de la Nación* (National Inspector General), constitutionally responsible for ensuring compliance with laws by government agencies, did not focus on compelling local smokefree education and enforcement because it was focused on Colombia's internal armed conflict and conflict-related human rights. ⁴² The Health Ministry asked the *Procuraduría* to focus more on local health agency smokefree education and enforcement, and the Procuraduría issued a "circular" memo⁴³ requesting local health departments to implement the law, but did little follow-up, which resulted in variations in activity.

Local government bodies' activities: Regional variation

Implementation was strongest in big cities and in cities with supportive political leadership: Bogotá (population 8 million), Medellín (2.4 million), Cali (2.3 million), Colombia's most influential cities, and two southwestern cities, Popayán (250 000) and Pasto (480 000), with personally committed mayors. Local health departments distributed materials to business owners and the public before and after implementation.

Implementation was weakest in rural areas and the Atlantic coast, with less interest from agencies in these areas.* Health advocates had focused on large cities,*

^{*} Hernández B. Interview of Blanca Hernández, former tobacco program manager at *Ministerio de la Protección Social* no longer working on tobacco, by Randy Uang, Bogotá, Colombia. 2014.

^{*} Niño-Bogoya A. Interview of Alejandro Niño Bogoya, public policy director at the *Instituto Nacional de Cancerología*, by Randy Uang, Bogotá, Colombia. 2014.

[§] Calderón L. Interview of Lorena Calderón, tobacco program manager at the Ministerio de Salud y Protección Social, by Randy Uang, Bogotá, Colombia. 2014.

^{*} Dorado YF. Interview of Yul Francisco Dorado, regional director at Corporate Accountability International, by Randy Uang, Bogotá, Colombia. 2014.

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and the Colombian state had more presence in departmental capitals. Rural and small-city health agencies often knew little of the law* or claimed having limited resources and personnel.⁴⁴

Supportive political leadership in Popayán and Pasto resulted in the reiteration of the local health departments' implementation responsibilities^{‡,§} and in crafting educational efforts annually^{§,‡} for restaurant, bar, and nightclub owners,*,[‡] by the mayors' offices. Popayán also conducted smokefree education at schools,*,[‡]

Local police: Attention to public security

Consistent with FCTC guidelines,³ the 2009 law authorized enforcement by local police and health authorities. Given Colombia's armed conflict, many police departments did not prioritize smokefree enforcement; however, Bogotá, Medellín, and Pasto's health departments convinced local police to carry out enforcement.[#]

Signage requirements

The 2008 resolution required establishments to post signs with specified smokefree messages ("For the good of your health, this space is free of cigarette or tobacco smoke," "Breathe easy, this space is free of tobacco smoke," "Welcome, this establishment is free of tobacco smoke"). The resolution prohibited cigarette brand logos and images "alluding to cigarettes" so the signs did not carry the international "no smoking" symbol. Establishments could post signs referring to smokefree environments (a positive message) without any "no smoking" symbol (a negative message), then optionally could post additional signs carrying the symbol. The 2009 law required signage about smokefree environments, but without a predefined list, allowing for more expansive text (figure 1). Since "no smoking" signs may prime smoking tendencies, 45 Colombia's positive smokefree messaging may have improved compliance.

Outside funders: Supporting NGO activities

Organizations outside Colombia funded Colombian NGOs to create educational materials and train local health department staff. As elsewhere in Latin America, the US-based Bloomberg Foundation's Initiative to Reduce Tobacco Use funded Colombian NGOs for smokefree education, training, and monitoring, totaling 501 563 dollars through October 2015. ⁴⁶ Corporate Accountability International's Colombia-based staff highlighted noncompliance starting in 2008 and provided technical assistance to defend the 2009 law against potential industry litigation. * The Bogotá-based Universidad Sergio Arboleda improved community involvement in 2010-

^{*} Dorado YF. Interview of Yul Francisco Dorado, Regional Director at Corporate Accountability International, by Randy Uang, Bogotá, Colombia. 2014.



FIGURE 1. EXAMPLES OF SMOKEFREE SIGNS POSTED FOLLOWING THE 2008 SMOKEFREE RESOLUTION, WITH A SPECIFIC MESSAGE MANDATED BY THE RESOLUTION (ON LEFT, "THIS SPACE IS FREE OF CIGARETTE OR TOBACCO SMOKE") AND A SMOKEFREE SIGN CITING THE 2009 TOBACCO CONTROL LAW, WITH MORE EXPANSIVE TEXT (ON RIGHT, "THIS IS A SMOKEFREE SPACE; SAY NO TO TOBACCO")

^{*} Dorado YF. Interview of Yul Francisco Dorado, regional director at Corporate Accountability International, by Randy Uang, Bogotá, Colombia. 2014.

[‡] Lagos Campos N. Telephone interview of Nancy Lagos Campos, coordinator of the chronic diseases program at the Secretaría de Salud de Pasto, by Randy Uang. 2014.

[§] Ramos Quilindo, interview.

[#] Hernández B, interview.

2012, the *Liga Colombiana Contra el Cáncer* (Colombian League Against Cancer) conducted smokefree education in 2012,* and the health and civic group Fundación FES trained local health departments in 2014.‡

In particular, the *Liga Colombiana Contra el Cáncer* and Corporate Accountability International joined Senator Toro in 2011 to highlight noncompliance to the Ministry of Health and news media. ⁴² Since health advocates in the 2000s had sensitized journalists to tobacco control, § coverage often called for national and local efforts.

Advocates also worked with the Bogotá-based Universidad Sergio Arboleda to create "Opción No Fumar" (the Non-smoking Option) campaign, distributing flyers, postcards, and pamphlets about the law.* By July 2013, "Opción No Fumar" had distributed 29 350 pamphlets.⁴⁷

Controversy about terraces: The merchants' federation Fenalco and NGO vigilance

The Federación Nacional de Comerciantes (Colombian Merchants' Federation, Fenalco) interpreted the 2009 law's smokefree provisions as not applying to terrace areas of restaurants and bars. Fenalco had cooperated in the past with tobacco industry "youth smoking prevention" programs⁴⁸ designed to displace government action.⁴⁹

In 2010 and 2011 Fenalco distributed flyers to business owners and employees claiming smoking in terraces was allowed^{44,50} because they were not under roofs⁵¹ and claimed that health advocates were maligning Fenalco for its interpretation.⁵¹ Despite the support of the Health Ministry and NGOs,^{44,50} whether implementation included terraces depended on local health authorities. Medellín only enforced covered terraces,⁵² while in 2011 Bogotá's health department declared it would enforce all terraces.⁵³

Strong support from the Bar Owners' Association (Asobares)

The Asociación de Bares de Colombia (Asobares, Association of Bars of Colombia) supported implementation

strongly but initially had opposed the 2008 resolution,* reflecting the efforts of the tobacco industry to turn hospitality groups against smokefree laws. ^{4,6} Some of Asobares' executive committee were personally affected by secondhand smoke, so Asobares surveyed its members and found that a majority supported the resolution, so shifted to supporting it.* The tobacco industry did not appear to interfere with this change.

Asobares conducted intensive education for bar owners for six months before the 2008 resolution's December 4 effective date,* including brochures, and bar coasters co-sponsored by the Health Department of Bogotá, Bogotá Mayor's Office, and World Heart Federation, reading: "Si va a fumar, hágalo afuera" ("If you are going to smoke, do it outside").* Asobares provided candy to people who stepped outside to smoke, had models come to bars to give prizes to such people, and worked with the Bogotá government on a protocol for the emergency services number (123), which would summon police to eject patrons who insisted on smoking indoors.* These activities set a tone of compliance from the start.

University activities: Smokefree outdoors

Universities developed educational campaigns to implement smokefree educational institutions. In Bogotá, 21 universities cooperated to develop similar campaigns, and in Cali, 13 universities joined a local health department network to share information on campaigns. 54,55 The *Pontificia Universidad Javeriana* in Bogotá and Cali, with personal interest from the Bogotá campus rector, [‡] had the Bogotá campus establish signs at campus entrances and major outdoor locations, including a life-size sign of a student announcing a smokefree campus. The Cali campus put signs throughout, including personhigh signs saying, "En la universidad no se fuma" ("At the university, there is no smoking"). ⁵⁶

Discussion

Like high income countries, ^{4,11,57} Colombia's successful smokefree implementation required sustained engagement by national and local health authorities, NGO, external funders, the national bar owners' association, and universities. Different from high income countries, in Colombia there were few government resources,

^{*} Barón E, Llorente B. Interview of Edwin Barón, director of education at Liga Colombiana Contra el Cáncer, and Blanca Llorente, technical advisor at Fundación Anáas, by Randy Uang, Bogotá, Colombia. 2014.

^{*} Varela A. Interview of Alejandro Varela, executive director of Fundación FES, by Randy Uang, Cali, Colombia. 2014.

[§] Rivera Rodríguez DE. Interview of Diana Esperanza Rivera Rodríguez, former public policy director, *Instituto Nacional de Cancerología*, by Randy Uang, Bogotá, Colombia. 2014.

^{*} Ospina C. Interview of Camilo Ospina, executive director of Asociación de Bares de Colombia (Asobares), by Randy Uang, Bogotá, Colombia. 2014.

^{*} Ronderos M. Interview of Margarita Ronderos, Professor at Pontificia Universidad Javeriana, by Randy Uang, Bogotá, Colombia. 2014.

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weak state capacity, and enforcement agencies focused on public security.

Like many Latin American countries, Colombia lacked a strong national smokefree education campaign, ¹⁶ but had many vigorous local campaigns. ⁴⁵ Colombia benefited from national and local agencies and support from legislative champions, and notably has a successful history of public health policies. ^{58,59}

Three factors in Colombia especially contributed to strong implementation. First, noncompliance vigilantly exposed by NGOs, including for terraces, as in the case of local implementation in Mexico and the US.^{4,13} The merchants' federation argued against applying the law to terraces, creating an ambiguity about patio-like areas that also occurred in the US.^{6,9-11,60}

Second, support by the Bar Owners' Association set a tone of compliance similar to that of California in the US,⁶¹ showing how organizations within the society, not just government agencies, are essential to compliance. Since 2008, Asobares, with the help from the Campaign for Tobacco-Free Kids, visited hospitality associations throughout Latin America to encourage national smokefree laws.*

Third, international organizations aided implementation, supporting NGOs to provide education and technical assistance. ⁶² Sustained resources are necessities for long term compliance, ⁶³ and external funding often does not last, so international organizations' support provides a crucial opportunity to help LMIC smokefree implementation.

These factors contributed to robust implementation despite Colombia's health policy decentralization, weak state capacity, and public security issues.

Policy implications

Smokefree legislation should clearly cover all workplaces and specify national and local agency responsibilities. Health advocates should cultivate hospitality association support in advance of legislation, when possible. International funders should continue strongly funding LMIC implementation, as moderate resources can make substantial impacts.

Limitations

We attempted to contact tobacco control staff in departmental and large-city health agencies throughout

Colombia. Only those highly engaged in implementation agreed to interviews, so our findings hold to the extent that such interviews captured the key issues of local implementation.

Conclusions

Colombia serves as an example of successful implementation of smokefree air in a middle income country. Beyond government agency activities, health organization vigilance, outside organization funding, and hospitality industry support contributed to strong implementation.

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